



## Principles of Practice

These Principles of Practice are intended to aid the healing work of the Brennan Healing Science Practitioner (BHSP) and to assist the public in selecting a healer with whom to create a rewarding healing relationship.

Graduates will complete intensive study and practice whether in the four-year Bachelor of Science Degree or Professional Studies Diploma Programs of the Barbara Brennan School of Healing (BBSH). These methods include personal transformation, energy awareness and high sense perception, hands-on healing techniques, creative arts, and integrative care. The study also covers connections between mind, body, and emotions.

The practitioner's primary objective is to support each client in his or her unique healing journey with competence, integrity, and compassion. The practitioner's commitment is to create a safe, empathic, and life-affirming container to facilitate the client's healing and transformational process best. In the broader context of community and world service, a BHSP applies their knowledge and training in support of the evolution of the human spirit. In any given client session, they incorporate elements of multiple modalities based on the unique circumstances and needs of each client, and on the qualified skills of the BHSP.

No set of rules can fully anticipate or regulate the variety of situations that the practitioner may face. These Principles of Practice instead address essential aspects of the BHSP's intentions and mindfulness that they honestly monitor and clarifies during the client relationship, both generally and in the moment.

## Intention, Integrity, and Professional Responsibility

1. The BHSP commits to using his or her training, skills, and purpose in service of the health, welfare, and spiritual healing of the client.
2. The BHSP provides those services commensurate with his or her training and competence and refers the client to other healers and care providers in other disciplines as appropriate and necessary.
3. The BHSP keeps current and competent in his or her field(s) of practice, through supervision, consultations, and continuing education.
4. The BHSP does not offer, promise, or provide medical diagnoses or prescriptions (unless otherwise licensed to do so), and does not promise medical cures or recoveries.



Transformational  
Healing

### **Client Communication and Professional Boundaries**

1. The BHSP accurately, and truthfully communicate to the client, before the commencement of services, the general nature of the services, fees, billing practices, and other policies and procedures of the BHSP. The practitioner also obtains the client's consent to these services, or as appropriate the consent of the client's legal guardian, before service.
2. The BHSP maintains professional boundaries with the client. The BHSP is sensitive to real and ascribed differences in awareness and power between the BHSP and the client and does not exploit such differences or perceptions during or after the professional relationship for the personal ratification or benefit of the BHS Practitioner. The BHS Practitioner supports the client in avoiding or resolving dependency on the BHSP.
3. The BHS Practitioner does not suggest, initiate, or engage in any romantic or sexual activity with the client. The BHSP does not participate in sexual or other harassment of the client, whether by the sexual solicitation, physical or energetic advances, or verbal or nonverbal conduct that is unwelcome, is offensive, or creates a hostile or unsafe healing environment. The BHSP does not engage in sexual relations with a former client for at least two years after termination of the client relationship. And only then after a proper determination through appropriate supervision that there is no exploitation of, or harm to, the former client.
4. The BHSP avoids or promptly removes him or herself from improper and potentially harmful conflicts of interest and dual or multiple relationships with clients and former clients.

### **Honoring the Client and Community**

1. The BHSP respects the fundamental dignity, worth, and personal journey of all clients, regardless of age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status. The BHS Practitioner strives to be aware of and sensitive to cultural, individual, and role differences.
2. The BHSP respects the right of each client to hold values, attitudes, beliefs, and opinions that differ from the BHSP. The practitioner does not attempt to pressure or coerce the client into any action or idea, even if the BHSP believes such act would serve the best interests of the client. The BHS Practitioner supports each client's self-empowerment, self-determination, and transformational processes in learning to make life choices, and understanding the consequences of those choices.
3. The BHSP is aware of his or her role in maintaining the integrity of healing and the healing profession about clients, to the society in which the BHS Practitioner lives, and to the global community of the sacred human heart.



## Client Confidentiality

1. The BHSP honors and does not disclose to anyone the client's confidences or client records, if any, including the name or identity of the client or identifying information, except:
  - a. *if and to the extent authorized by the client*
  - b. *as required for the BHS Practitioner's professional supervision where the client remains anonymous, and only to the extent necessary to achieve the purposes of monitoring*
  - c. *when disclosure is required to prevent clear and imminent danger to the client or others*
  - d. *as required by law; and*
  - e. *client confidences only may be disclosed in the course of an action where the BHSP is a defendant in a civil, criminal or disciplinary action arising from the client relationship*
2. At the client's written request or approval and according to the capabilities, the good conscience, and professional judgment of the BHSP, and only in the course of that action, may client confidence be disclosed. The BHSP may consult with the client's other healers, therapists, physicians, and spiritual teachers, as appropriate to maximize the benefits to the client.

## BHS Practitioner Self-Responsibility, Client Welfare and Termination of Services

1. The BHSP commits to his or her self care and ongoing personal healing and also recognizes that this commitment is key to serving as an instrument of healing for the client.
2. The BHSP commits to regular individual supervision sessions with a qualified professional. The BHS Practitioner is obligated to be alert to signs of and to obtain professional assistance for, any unresolved personal problems, counter transference, and emotional reactions, in order to prevent impairment of the client relationship.
3. The BHSP is not under the influence of alcohol or of any medication, drug, or substance during a client session that might impair the work of the BHS Practitioner or the client relationship.
4. The BHSP terminates a client relationship when it becomes reasonably clear that the client no longer needs or is not benefiting from continued service. The BHS Practitioner terminates services if and as advisable due to any physical or mental illness or unresolved personal issues, of the BHSP.
5. The BHSP does not maintain a client relationship solely for financial reasons but may terminate a relationship if the client is unable or unwilling to pay for such services. Before any termination of service, if and to the extent applicable and practicable, the BHSP gives reasonable notice to the client of the separation and assists the client in finding alternative professional services.